



# CRYSTAL ENGINEERING APPROACHES FOR THE DESIGN OF FOOD AND PHARMACEUTICAL FORMULATIONS

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Formative formulation

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## Overview of the presentation

### Crystal engineering: motivation and some experimental strategies

### Engineering crystals for the complex soft food structures

- Multiphase formulations for food and pharma applications
- Particle stabilization (Pickering)
- Crystal properties and implications for Pickering particles

### Modelling Methodology

- Model compound: quercetin and its hydrates
- Attachment energy model for the prediction of intermolecular interactions and crystal anisotropy

### Results and Discussion

- Bulk intermolecular interactions and surface chemistry for the three quercetin polymorphs
- Experimental techniques for model validation

### Conclusions and future developments

## Main crystal properties

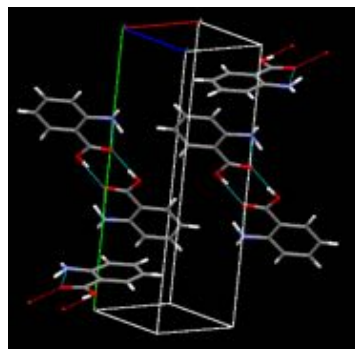
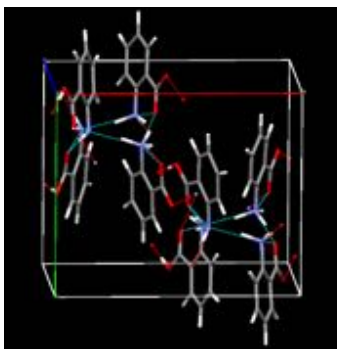
Size

Shape

Structure (polymorphs etc.)

Purity

- *Same compound but different structures*
- **Different properties** (thermodynamic, kinetics, mechanical, surface)
- *Problem with stability when metastable forms are produced*



**CONTROL IS THE KEY!**



## How to engineer crystals

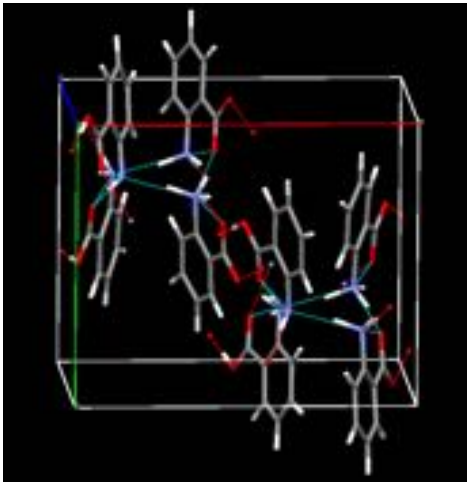
The Crystal Engineering Approach utilises the understanding of the **intermolecular interactions** within crystalline materials to design specifically tailored solid materials in terms of *shape, size and polymorphism*

Choice of solvent

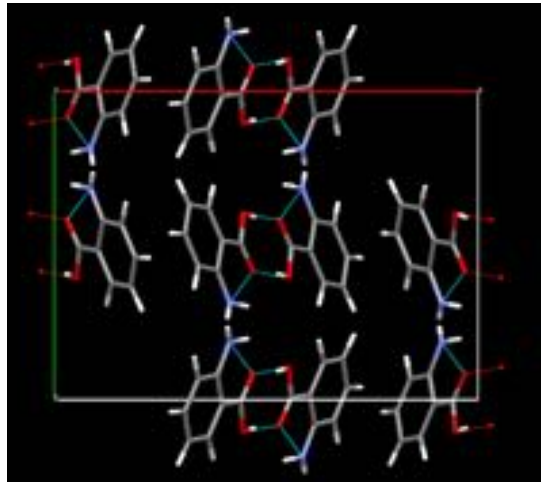
Temperature profile

Use of additives

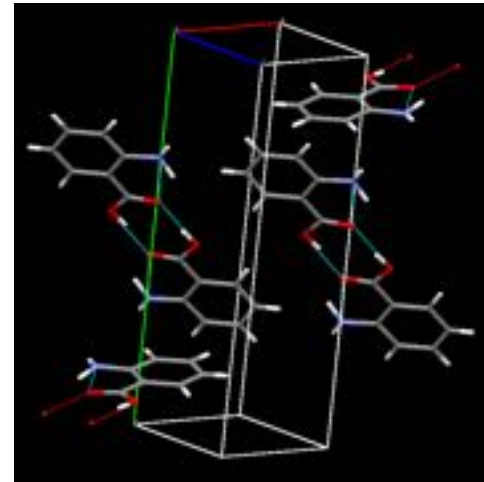
## Model compound: Ortho-aminobenzoic acid (OABA)



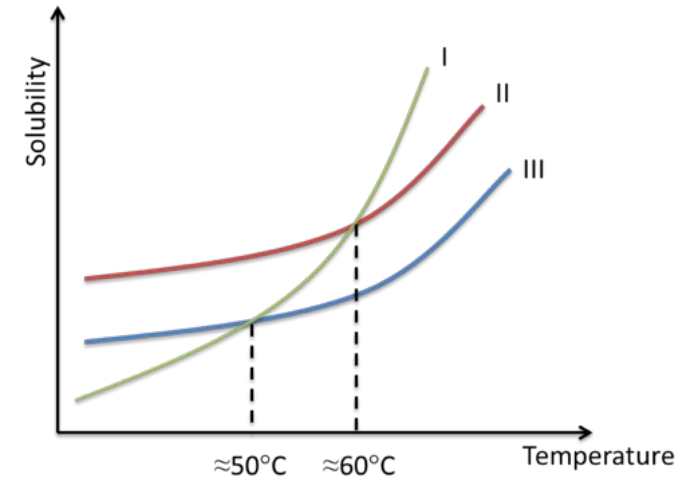
**Form I:** orthorhombic cell, **zwitterions** and neutral molecules (1:1 ratio)



**Form II:** orthorhombic cell, **dimers** of neutral molecules



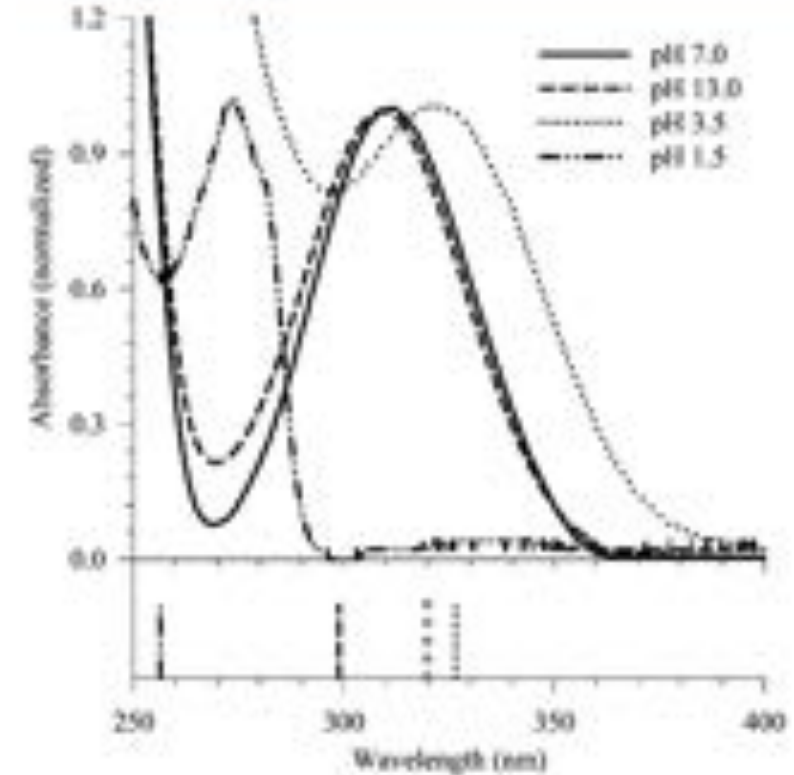
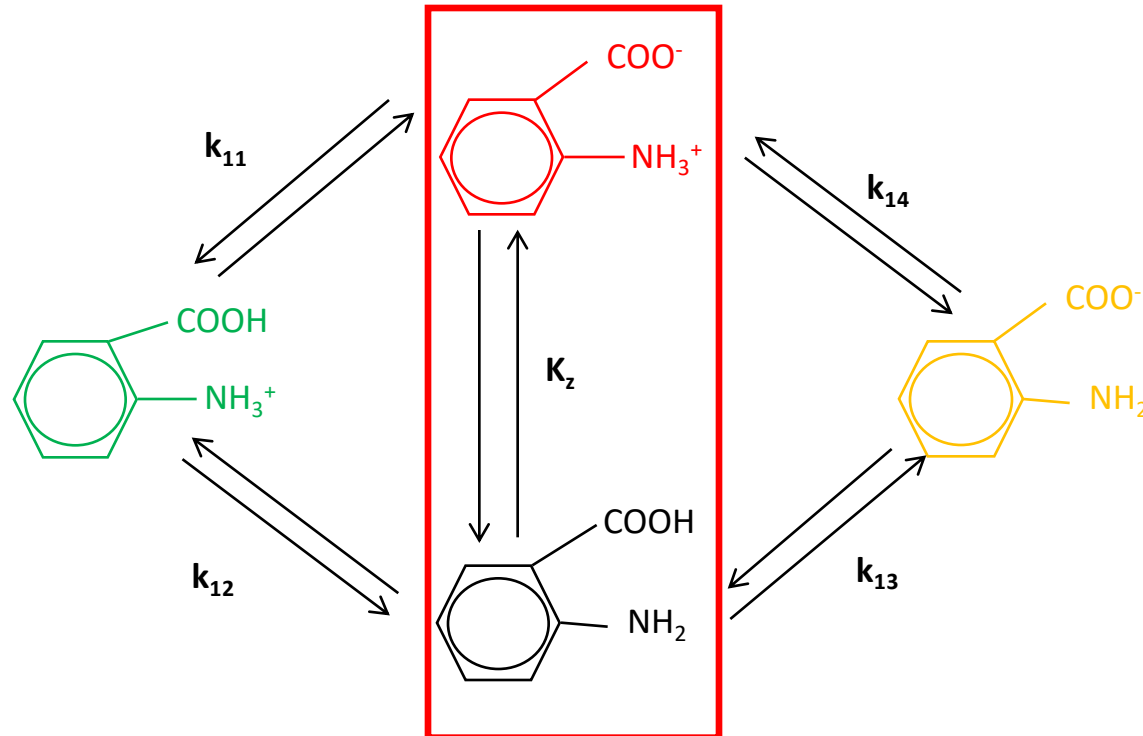
**Form III:** monoclinic cell, **dimers** of neutral molecules



- ❖ Three known forms of OABA
- ❖ Form I and II are normally nucleated from solution
- ❖ Form III is very difficult to nucleate

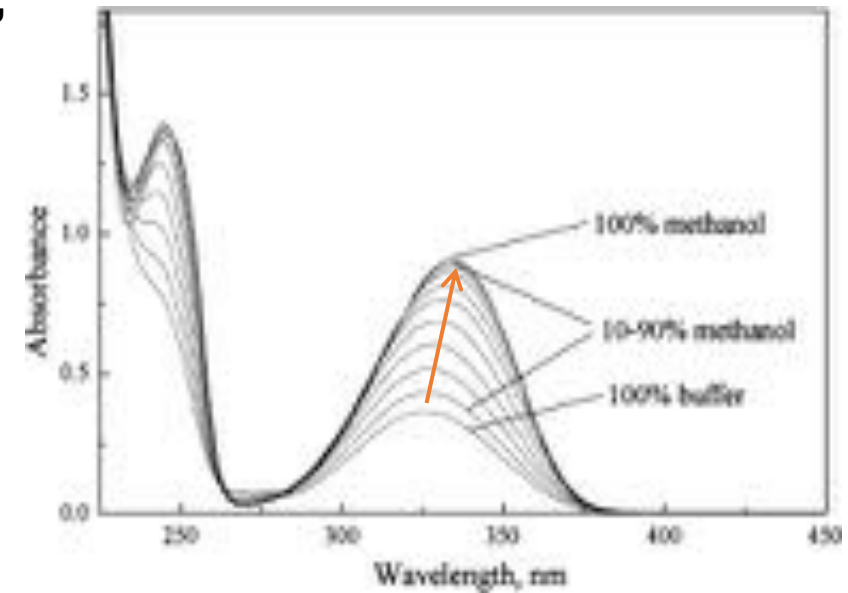
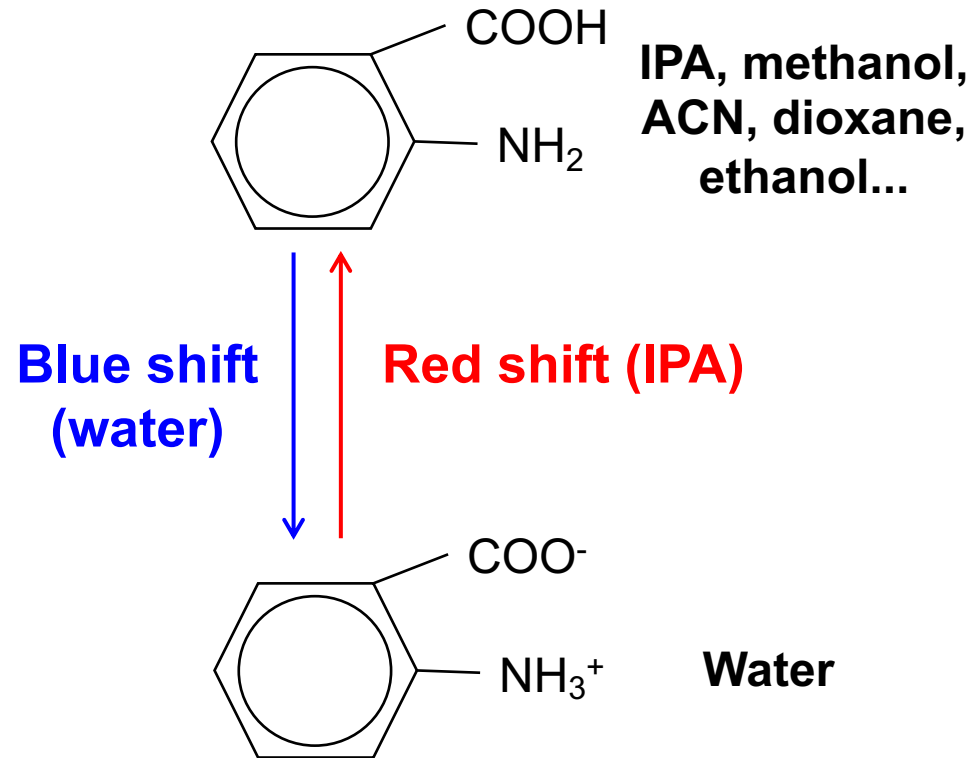
## Equilibrium of OABA in water

- OABA can exist in **solution** as a neutral molecule, with positive or negative charge or as a **zwitterion**
- Different forms of OABA presents different UV/Vis spectra

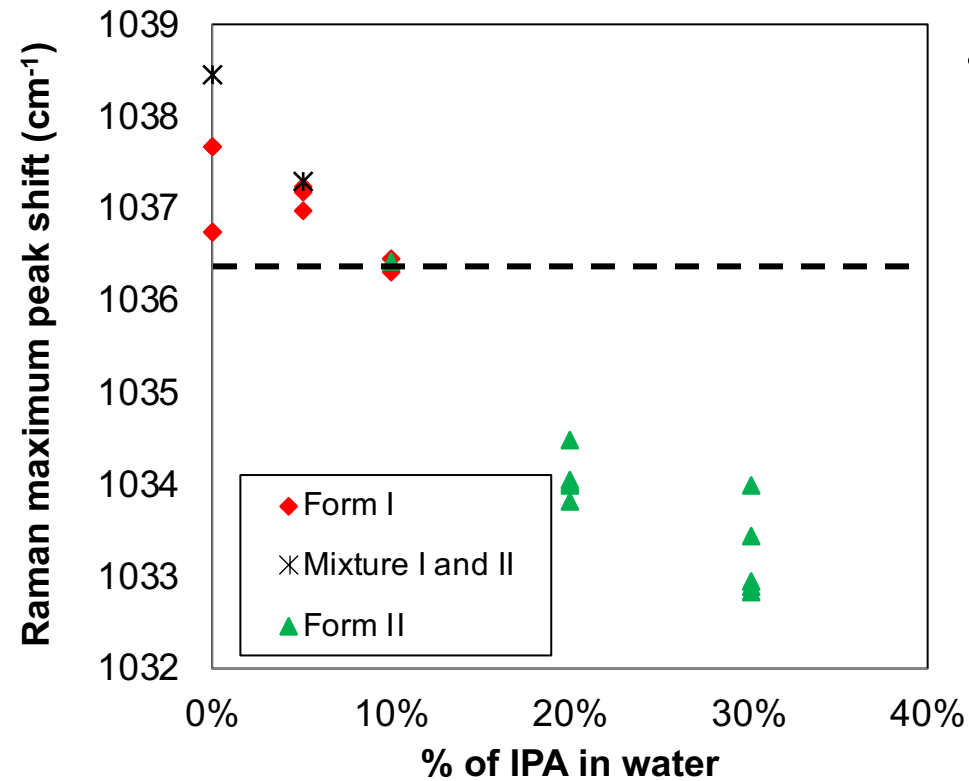
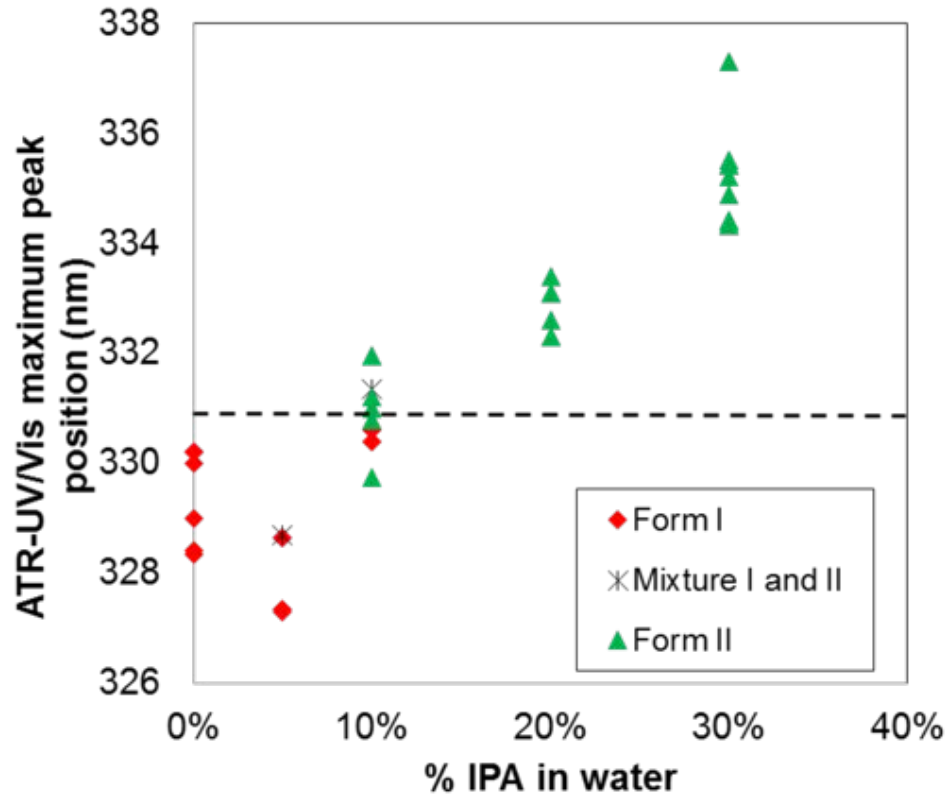


# Equilibrium of OABA in mixtures of water and organic solvents

Changes in the **UV/Vis spectrum** of OABA solutions can be associated with **different amount of zwitterions in solution**



## Experimental results



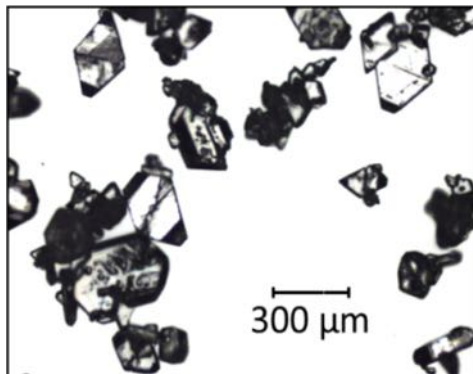
- In water and IPA mixtures a limiting peak position for UV/Vis and Raman (**benzene ring vibration**) was found over which only form II nucleates



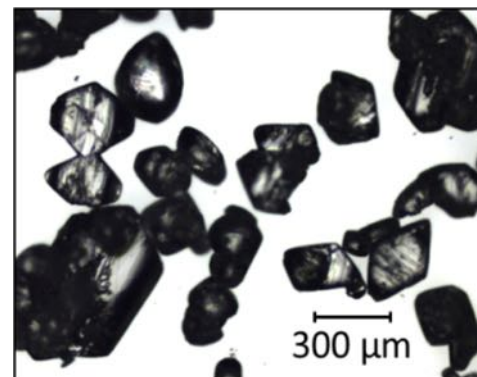
## Shape manipulation of succinic acid (SA) via temperature cycling

- SA in water (**20 °C saturation temperature**)
- Initial cooling from 30 °C to 10 °C at -0.5 °C/min
- Temperature cycling varying **heating/cooling rate** and **cycles' amplitude**
- Sampling and off-line analysis (**Optical** and **Raman** spectroscopy, **single crystal XRD**) during the experiments

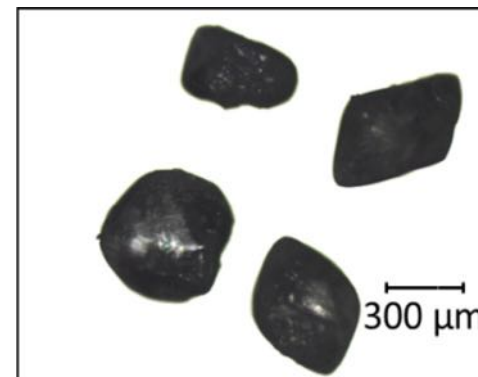
Experiment n°	Cycles amplitude (°C)	Heating/ Cooling rates (°C/min)
1	4.5	±0.3
2	6	±0.3
3	7.5	±0.3
4	4.5	±0.1
5	4.5	±0.5



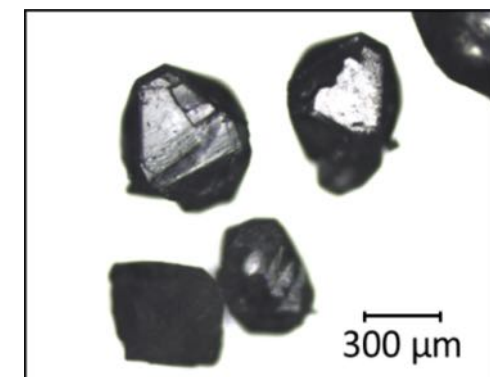
120 min (cooling)



270 min (heating)

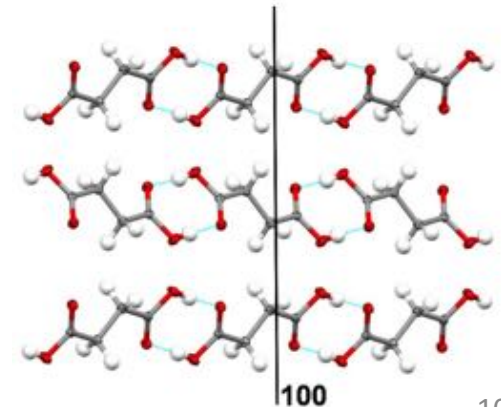
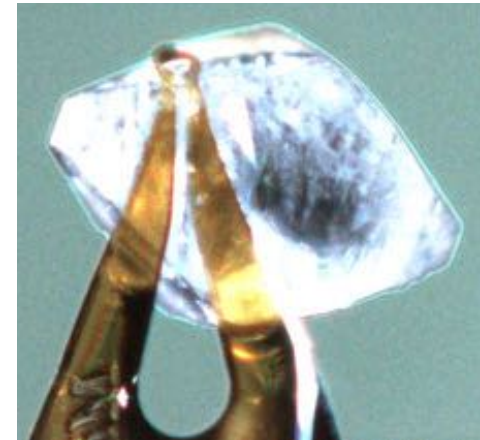
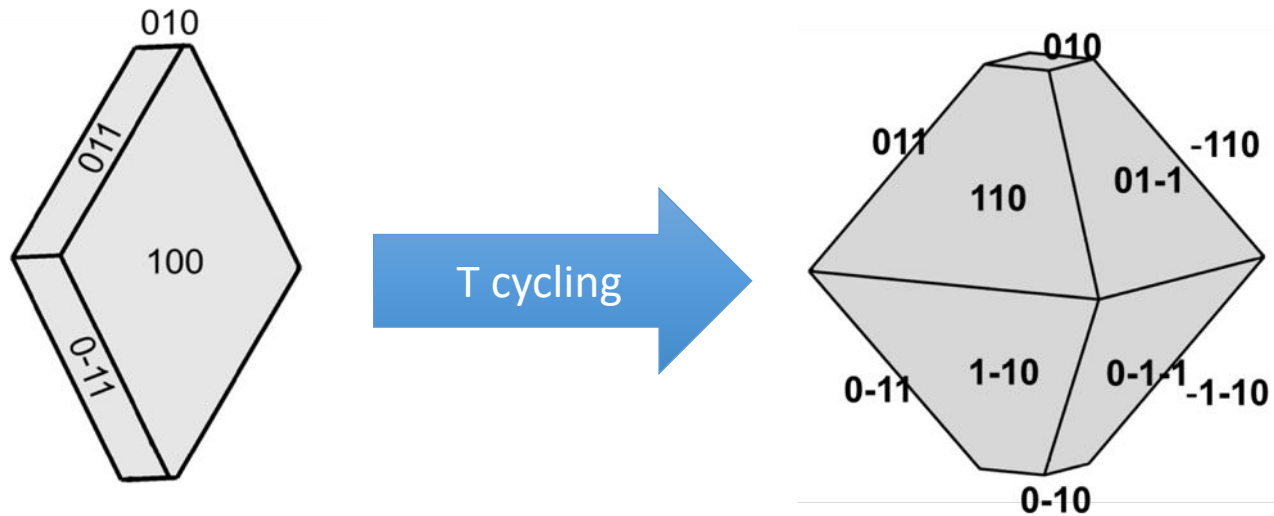


1260 min (cooling)



3000 min (cooling)

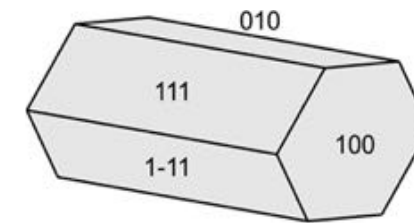
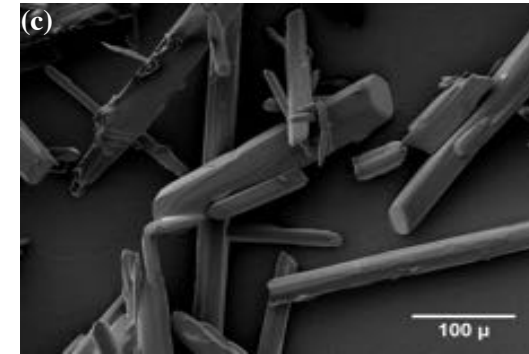
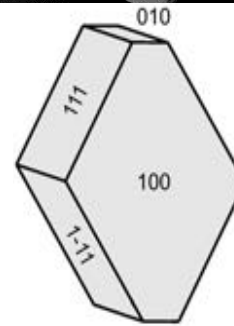
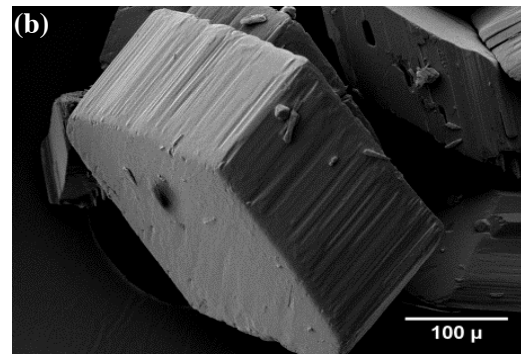
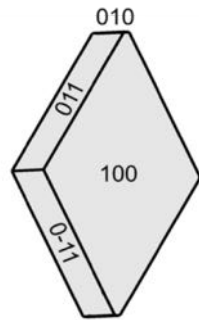
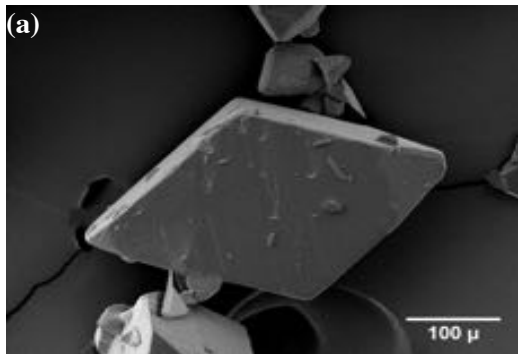
## Face indexing (single crystal XRD)



- The (100) face intercepts chains of succinic acid molecules linked by **hydrogen bonded carboxylic acid dimers (polar face)**
- Water molecules interact with the (100) face, inhibiting growth along the direction perpendicular to this face
- Temperature cycling generates a **diamond shape**
- Face (110) and (01-1) **outgrow face (100)**

## Effect of Pluronic P123 on succinic acid crystal shape

- Pluronic P123 inhibit growth of the side faces of the crystal leading to a **needle-like shape** along the (100) direction



Increasing polymer concentration

## Multiphase formulations: emulsions and foams

- Multiphase formulations are widely used for several applications within the **food**, **cosmetic** and **pharmaceutical** industries;
- Used for oral or topical **controlled delivery** of poorly water soluble drugs and nutraceuticals;
- Extremely common food structures;
- Common formulations for cosmetic products, fast adsorption and low greasiness;
- They can be **thermodynamically unstable** and undergo phase separation over time (limited shelf-life);
- Reducing the **interfacial tension** using surfactants or solid particles (Pickering) can improve long term stability.



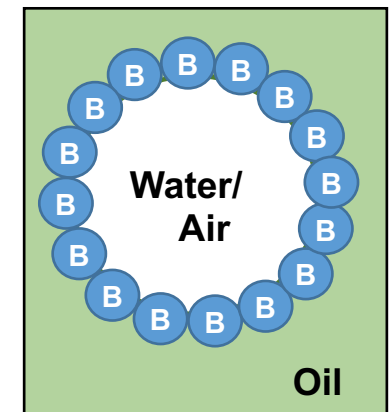
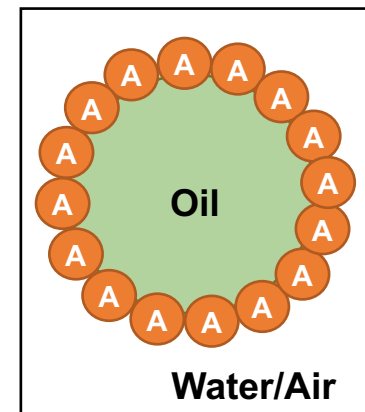
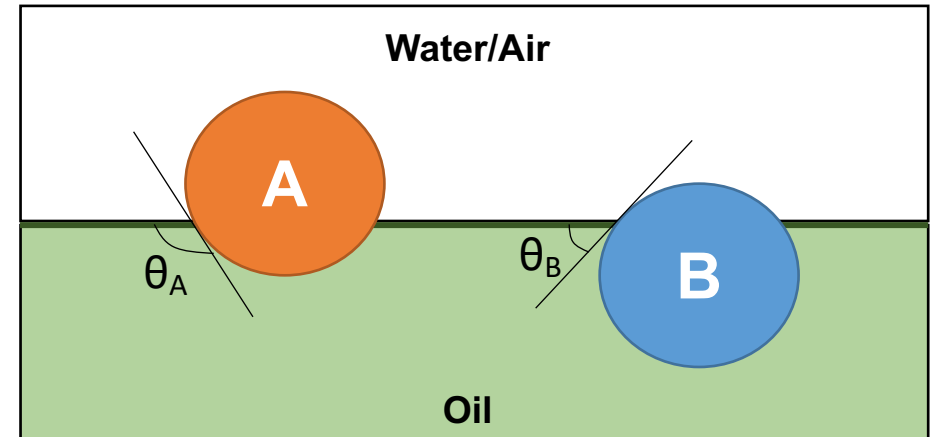
## Particle stabilization of multiphase systems (Pickering)

- Pickering formulations are more stable than surfactant based ones because particles adsorb **more strongly** at the interface;
- Less adverse effects, possibility to use **biocompatible, naturally** sourced particles (consumer acceptability);
- The free energy ( $E$ ) required to desorb a spherical particle from an interface can be expressed as:

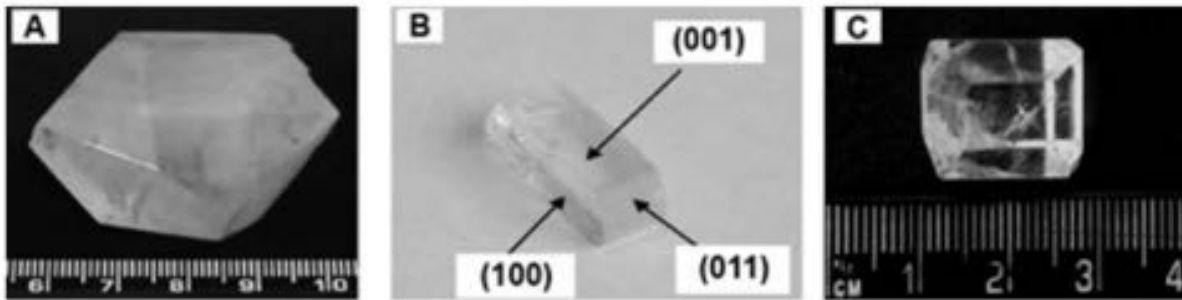
$$E = \gamma\pi r^2(1 - |\cos\theta|)^2$$

Where  $\gamma$  is the interfacial tension between the two phases,  $r$  is the particle radius and  $\theta$  is the contact angle.

Particle **stability**, **solubility** and **wettability** are critical properties for Pickering particles!



## Faceted crystals as Pickering particles: the issue of anisotropy

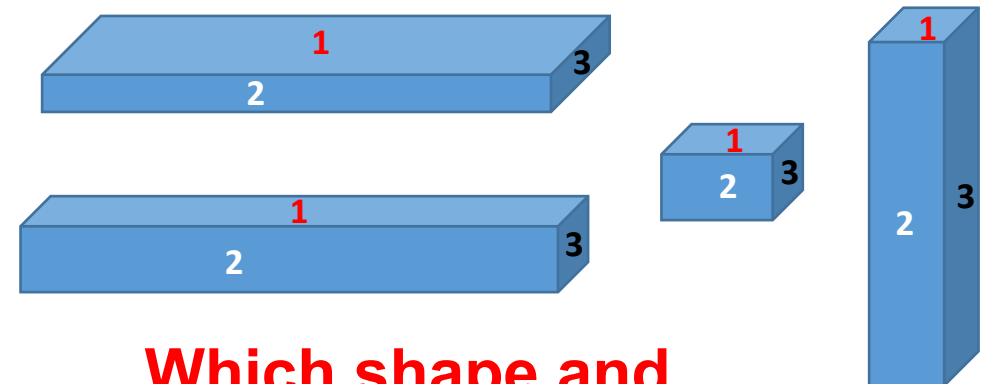


Macroscopic crystals of (a) paracetamol, (b) aspirin, and (c) S-(+)-ibuprofen.

- Most solid particles are not spherical but they are faceted;
- Different composition and surface chemistry on each face;
- Anisotropy can affect Pickering stabilization!

Facet	Advancing Contact Angle, $\theta_a$ (Deg)				
	Paracetamol Form I	Paracetamol Form II	Aspirin	Racemic Ibuprofen	S-(+)-Ibuprofen
(201)	38.1 ± 4.6	—	—	—	—
(001)	15.9 ± 3.1	<b>64.5 ± 3.5*</b>	60.7 ± 3.5	68.5 ± 4.8	64.5 ± 3.9
(011)	29.8 ± 5.7	—	42.9 ± 4.8	46.9 ± 5.5	—
(110)	50.8 ± 4.9	16.6 ± 1.4	—	—	48.4 ± 4.0
(010)	<b>67.7 ± 2.5*</b>	17.9 ± 2.5	—	—	—
(100)	—	—	52.9 ± 2.5*	77.2 ± 4.0*	70.7 ± 3.1*

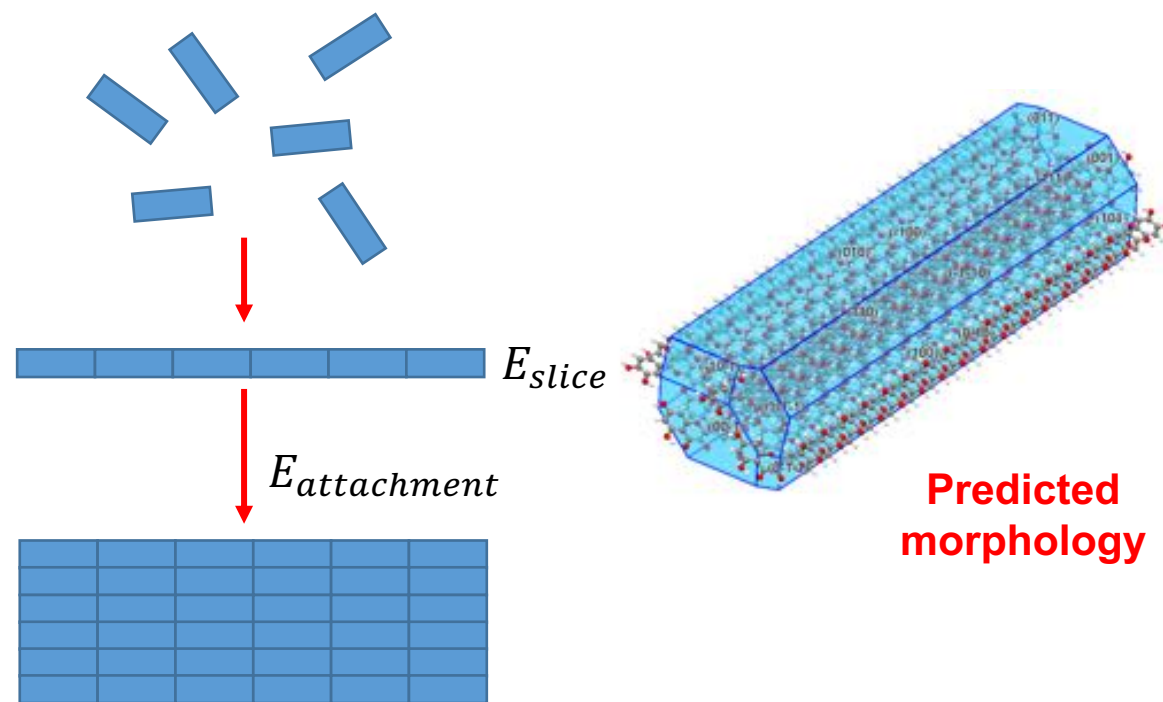
\*Bolted data are values for the weakest attachment energy facet. (—) indicates that no such facet was present in the macroscopic crystal.



Which shape and polymorph work best?

## Molecular modelling for crystal properties prediction

- The intermolecular interaction energies within the crystal structure can be calculated using an interatomic potential (Momany);
- The calculated interactions can be **ranked** based on their **contribution** to the total lattice energy;
- The **Attachment Energy Model** identifies which intermolecular interactions contribute to the growth of the specific crystal faces ( $hkl$ );
- Assumes a **slice of  $d_{hkl}$  thickness** added to the surface and the energy of the interactions between the new slice and surface proportional to **growth rate**;
- The chemistry of the interactions dominating the growth of a particular surface (**e.g. H-bonding, dispersive etc.**) can give an indication of crystal properties.

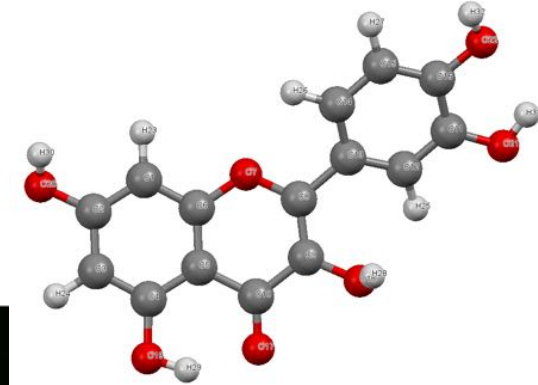
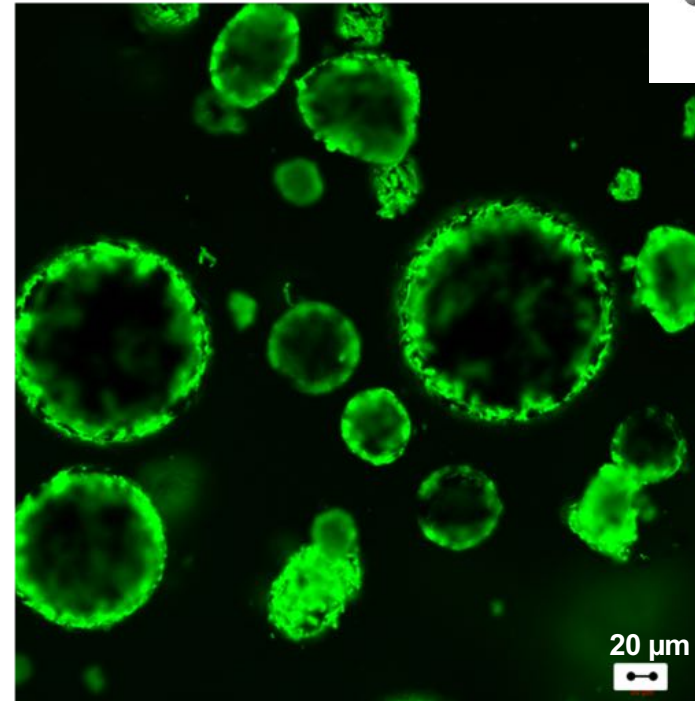


$$E_{crystal} = E_{slice} + E_{attachment}$$

$$E_{attachment} \propto \text{Surface Growth Rate}$$

## Model compound: quercetin

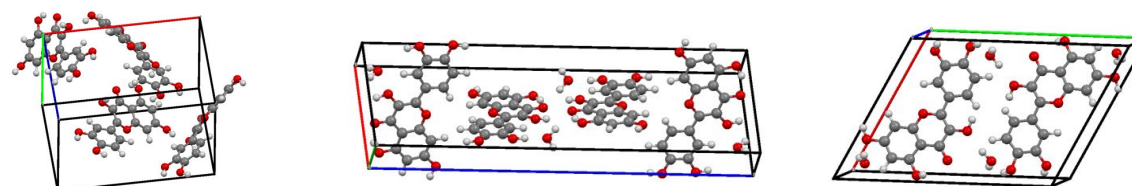
- ❑ Quercetin is **flavonoid** molecule found in fruits and vegetables;
- ❑ It is known to be an **antitumor agent** and to exhibit **antiallergic**, **anti-inflammatory** and **antioxidant** activity;
- ❑ Due to the wide range of health benefits, quercetin finds use in **nutraceuticals** and **food supplements**;
- ❑ Three different structures: anhydrous (QA), monohydrate (QMH) and dihydrate (QDH);
- ❑ Poorly soluble in both water and oil → good candidate particle for Pickering water in oil emulsions.



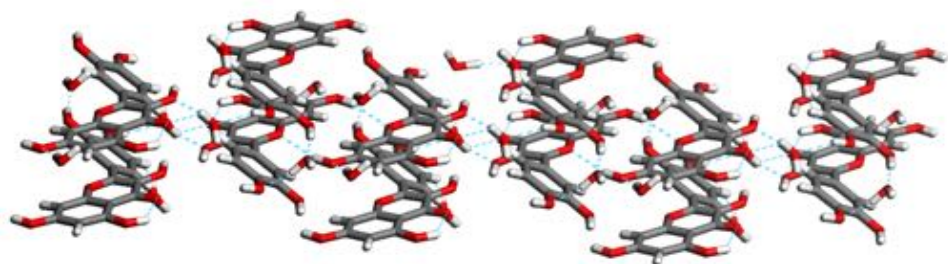


## Molecular modelling methodology

- The crystal structures of the three quercetin polymorphs were retrieved from the **Cambridge Crystallographic Data Centre (CCDC)**;
- The **Mercury** software was used to image each calculated intermolecular interaction;

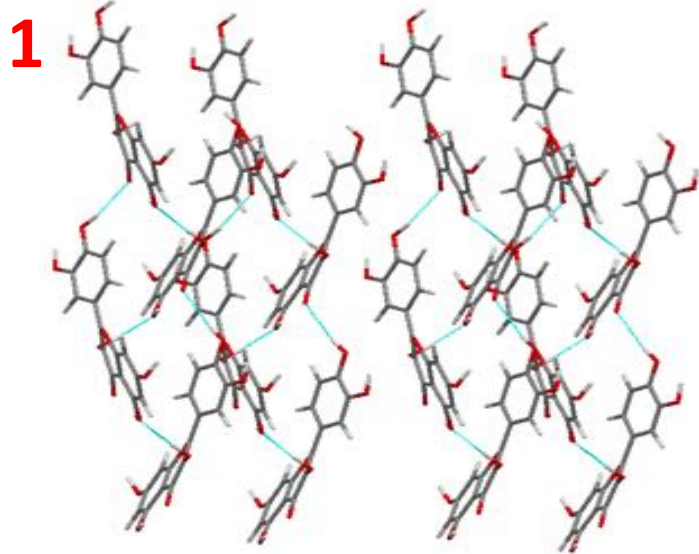


	Quercetin anhydrous	Quercetin monohydrate	Quercetin dihydrate
<b>Formula</b>	$C_{15}H_{10}O_7$	$C_{15}H_{10}O_7 \cdot H_2O$	$C_{15}H_{10}O_7 \cdot 2H_2O$
<b>Space Group</b>	$Pn\bar{2}_1a$ Orthorhombic	$P2_1/c$ Monoclinic	$P1$ Triclinic
<b>Cell Volume (<math>\text{\AA}^3</math>)</b>	1721.6	1272.61	701.931
<b>Cell Density (<math>\text{g}/\text{\AA}^3</math>)</b>	0.702	1.007	0.964

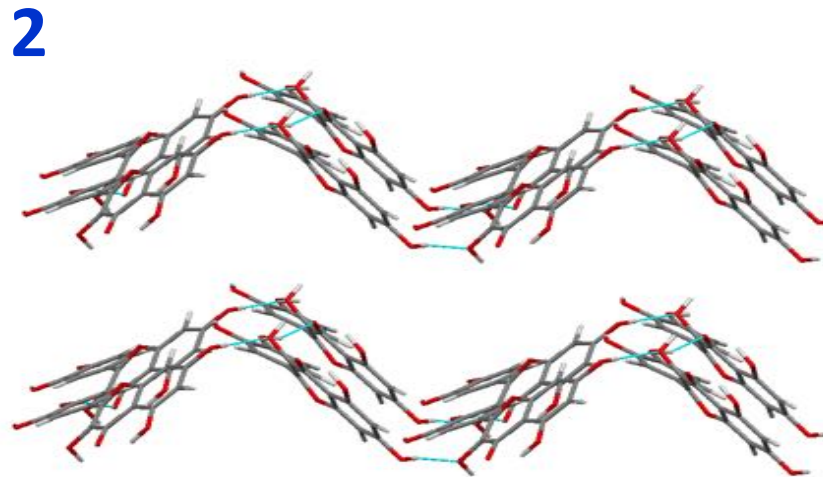


- The **Habit 98** software (developed in Leeds), was used to predict strength, directivity and dispersive nature of the intermolecular interactions in the crystal structure (Momany force-field);

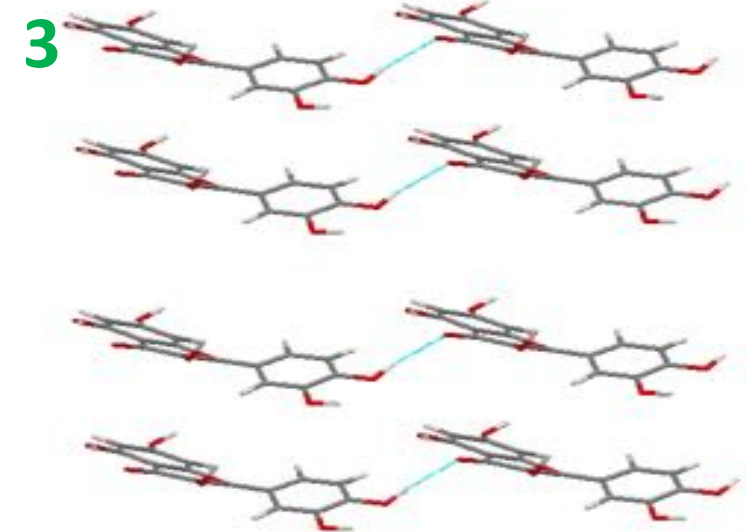
# QA structure and main intermolecular interactions in the crystal structure



- **First strongest interaction (38.4% of lattice energy):** Hydrogen bonds between OH groups and permanent dipole-dipole interactions



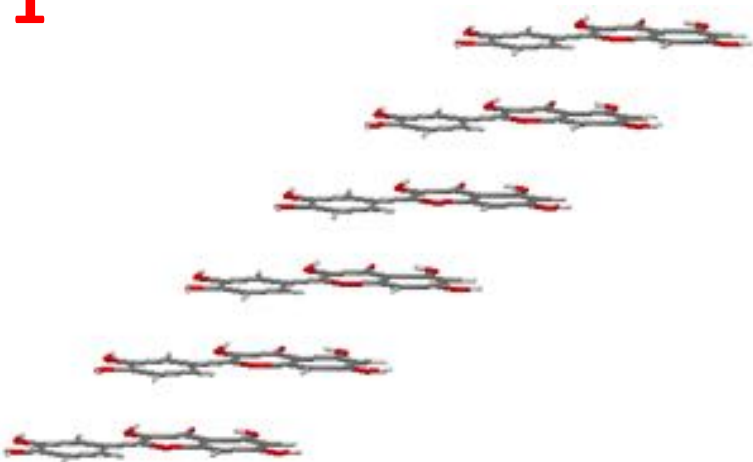
- **Second strongest interaction (25.8% of lattice energy):** Zig-zag chain structure formed by hydrogen bonds between OH groups and permanent dipole-dipole interactions



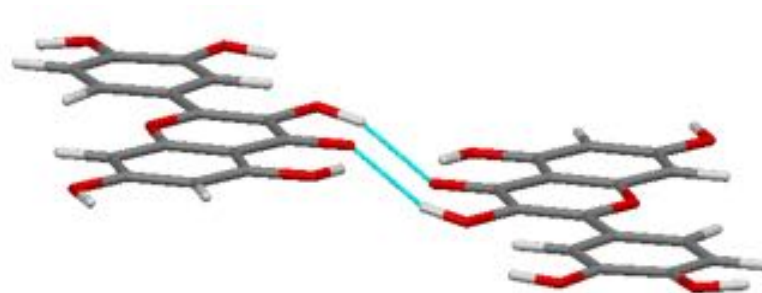
- **Third strongest interaction (14.1% of lattice energy):** Permanent dipole-dipole interactions from COOH groups, dimers arrangement

## QMH structure and main intermolecular interactions

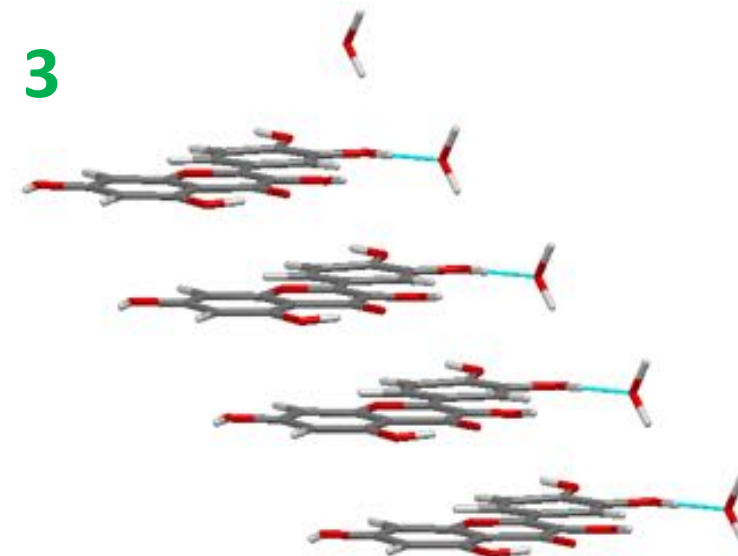
1



2



3



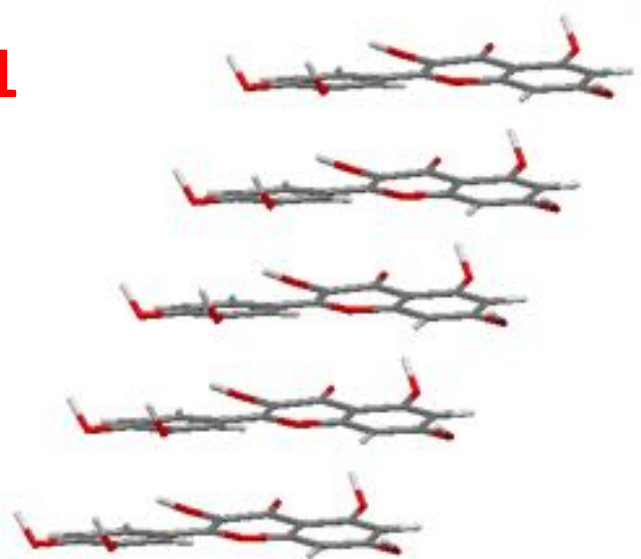
➤ **First strongest interaction (24.5% of lattice energy):  $\pi$ - $\pi$  stacking** interactions between quercetin-quercetin molecules

➤ **Second strongest interaction (10.2% of lattice energy): double hydrogen bonding** interaction between two quercetin molecules

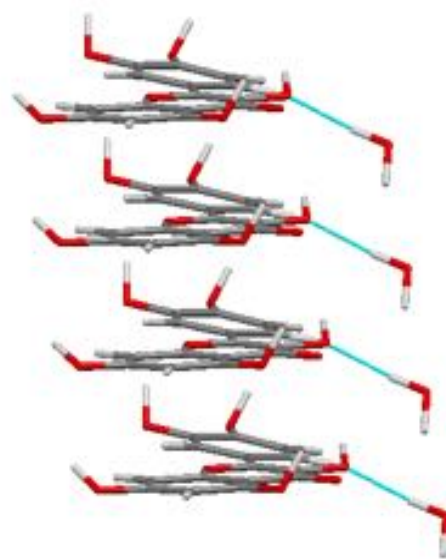
➤ **Third strongest interaction (9.8% of lattice energy): hydrogen bonding** between quercetin-water molecules

## QDH structure and main intermolecular interactions

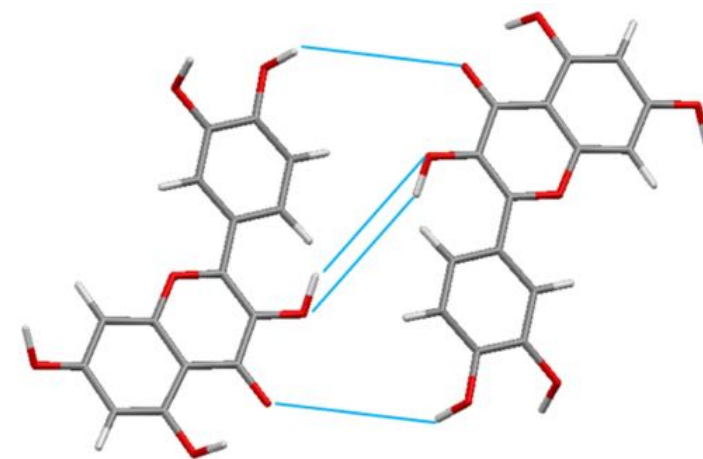
1



2



3



➤ **First strongest interaction (37.8% of lattice energy):  $\pi$ - $\pi$  stacking** interactions between quercetin-quercetin molecules, **uninterrupted stack**

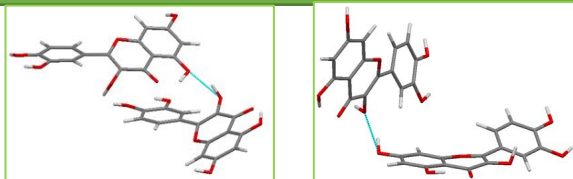
➤ **Second strongest interaction (7.9% of lattice energy): hydrogen bonding** interaction between water and quercetin molecules

➤ **Third strongest interaction (3.5% of lattice energy): permanent dipole-dipole interaction** quercetin-quercetin (**dimer**)

## QA calculated morphology and face specific surface chemistry

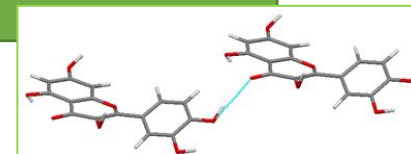
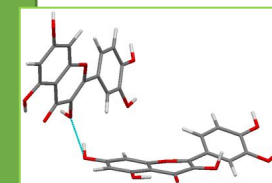
**Faces 011 / 01-1 / 0-11 / 0-1-1,  $\epsilon_{hkl}=52.5\%$ ,  
Dominant surface**

Quercetin-quercetin H-bonding & Van der Waals interactions from phenyl & pyrone rings



**Faces 101 / 10-1 / -101 / -10-1,  
 $\epsilon_{hkl}=71.2\%$ ,  
Dominant surface**

Quercetin-quercetin H-bonding, -OH and C=O contributions, Polar interactions



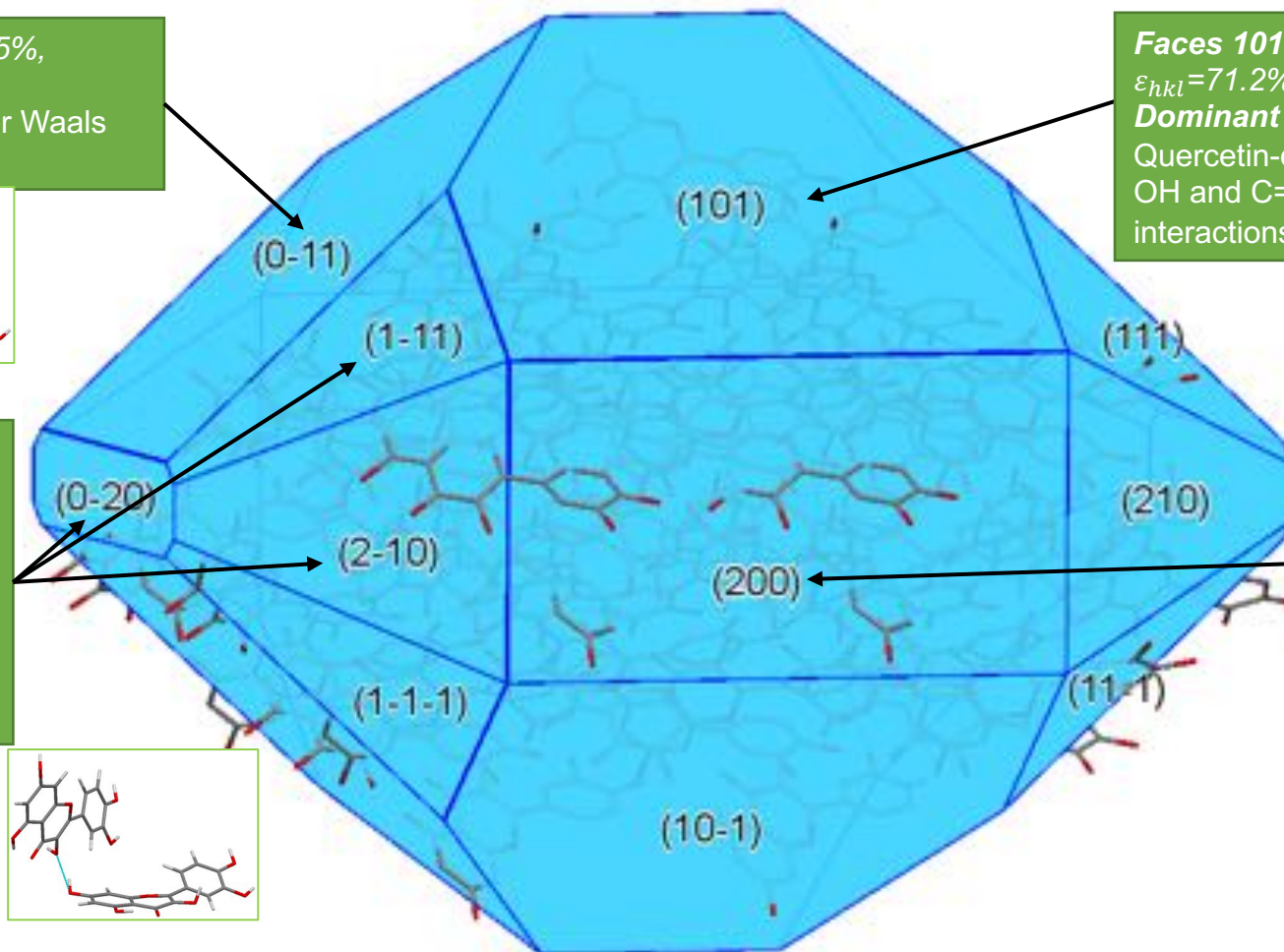
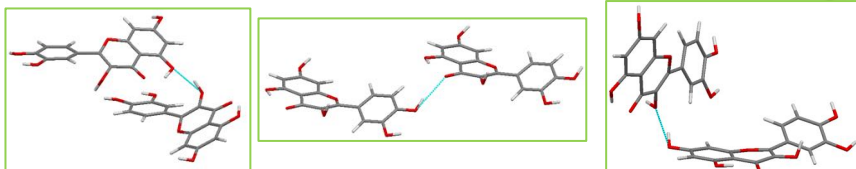
**Faces 111 / 11-1 / -111 / -11-1 / 1-11 / 1-1-1 / -1-11 / -1-1-1,  $\epsilon_{hkl}=40.9\%$**

**Faces 210 / -210 / 2-10 / -2-10,  
 $\epsilon_{hkl}=29.4\%$**

**Faces 020 / 0-20,  $\epsilon_{hkl}=24.9\%$**

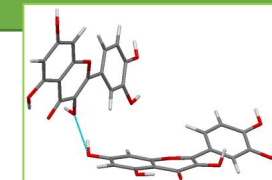
**Non-Dominant surfaces**

Quercetin-quercetin H-bonding & Van der Waals interactions



**Faces 200 / -200,  $\epsilon_{hkl}=59.8\%$ ,  
Dominant surface**

Quercetin-quercetin H-bonding, zig-zag stacking of quercetin molecules, Polar interactions

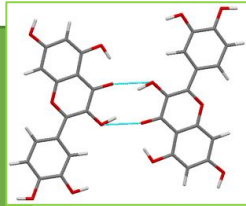


## QMH calculated morphology and face specific surface chemistry

**Faces 002 / 00-2,  $\epsilon_{hkl}=85.6\%$ ,**

**Dominant surface**

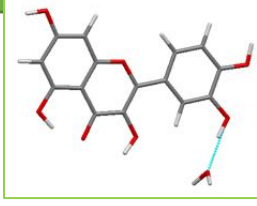
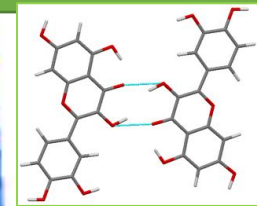
Quercetin-quercetin double H-bonding between –OH and C=O groups, no interaction with water molecule, Polar interactions



**Faces -102 / 10-2,  $\epsilon_{hkl}=58.2\%$ ,**

**Dominant surface**

Hydrogen bonding between quercetin-quercetin and quercetin-water, polar interactions



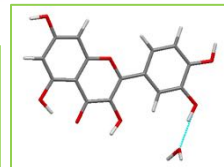
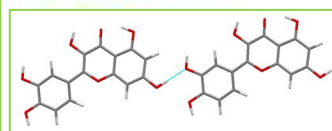
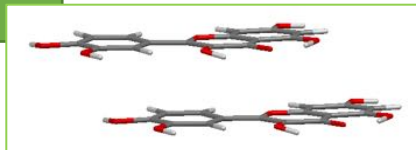
**Faces 11-1 / 1-1-1 / -111 / -1-11,  $\epsilon_{hkl}=32.7\%$ ,**

**Faces 110 / 1-10 / -110 / -1-10,  $\epsilon_{hkl}=31.2\%$ ,**

**Faces 011 / 0-11 / 01-1 / 0-1-1,  $\epsilon_{hkl}=27.5\%$ ,**

**Non-Dominant surfaces**

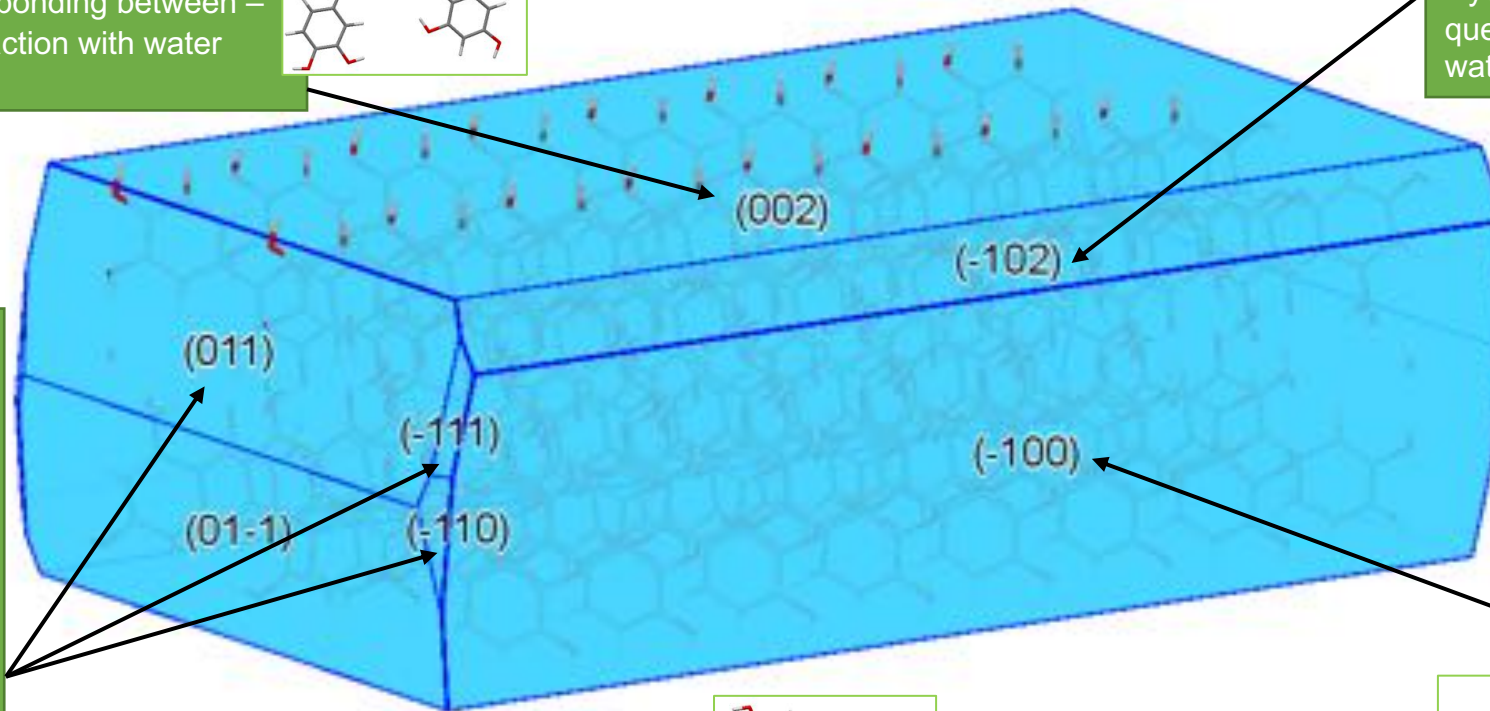
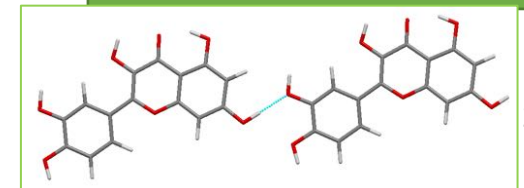
Apolar  $\pi$ - $\pi$  stacking interactions, hydrogen bonds between quercetin-quercetin and quercetin-water



**Faces 100 / -100,  $\epsilon_{hkl}=69.6\%$ ,**

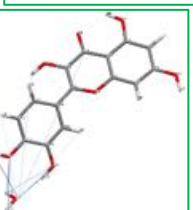
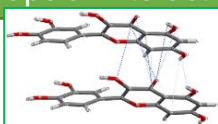
**Dominant surface**

Quercetin-quercetin H-bonding between –OH groups, no interaction with water molecule, mostly polar interactions

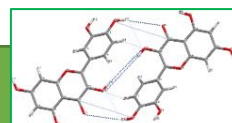
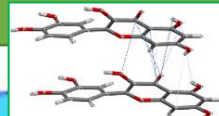


## QDH calculated morphology and face specific surface chemistry

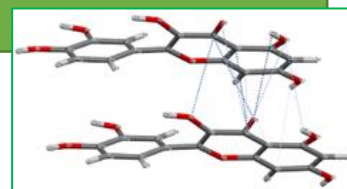
**Faces 10-1 / -101,**  
 $\epsilon_{hkl}=34.9\%$ ,  
 Both quercetin-quercetin and quercetin-water apolar interactions



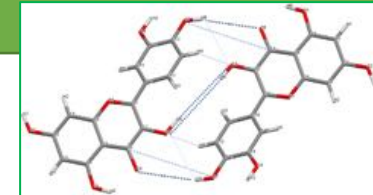
**Faces 01-1 / 0-11,**  $\epsilon_{hkl}=21.6\%$ ,  
 Combination of polar and non polar interactions (both quercetin-quercetin and quercetin-water)



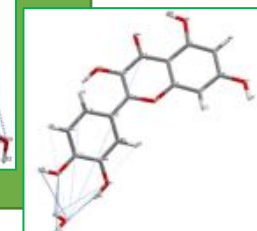
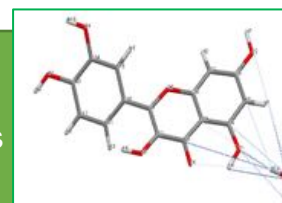
**Faces 0-10 / 010,**  $\epsilon_{hkl}=91.0\%$   
 Dominant Surface  
 Mostly growing via quercetin-quercetin apolar interactions ( $\pi - \pi$  stacking)



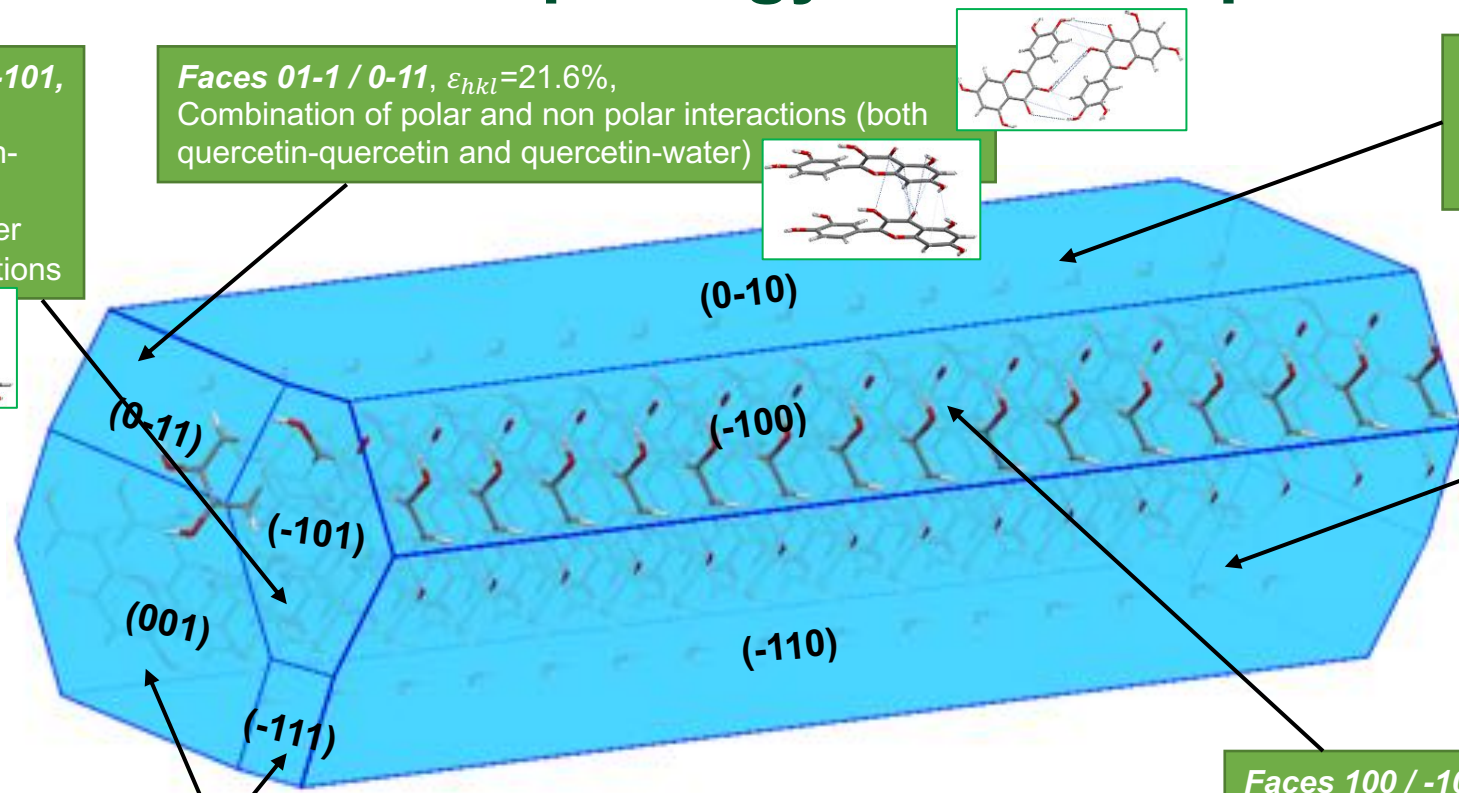
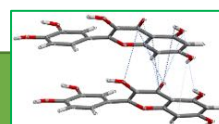
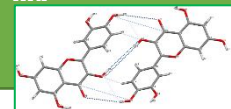
**Faces -110 / 1-10,**  $\epsilon_{hkl}=73.2\%$   
 Dominant Surface  
 Polar quercetin-quercetin interactions contributes to growth



**Faces 100 / -100,**  $\epsilon_{hkl}=69.6\%$   
 Dominant Surface  
 Polar water-quercetin interactions (including hydrogen bonds) contributes to growth

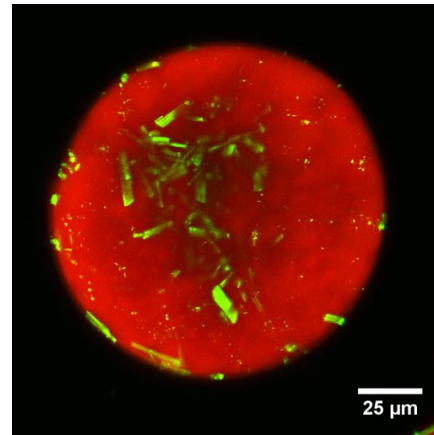


**Faces 00-1 / 001,**  $\epsilon_{hkl}=19.6\%$  and **Faces -111 / 1-1-1,**  $\epsilon_{hkl}=33.1\%$   
 Combination of polar and non polar interactions (both quercetin-quercetin and quercetin-water)

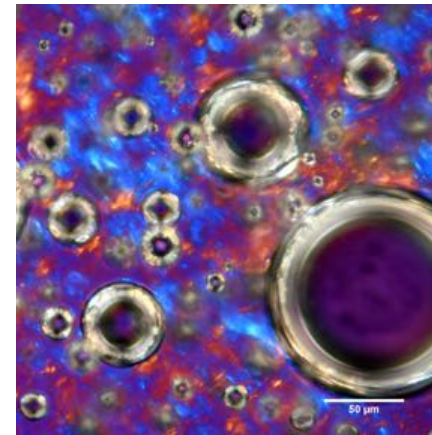


## Experimental validation

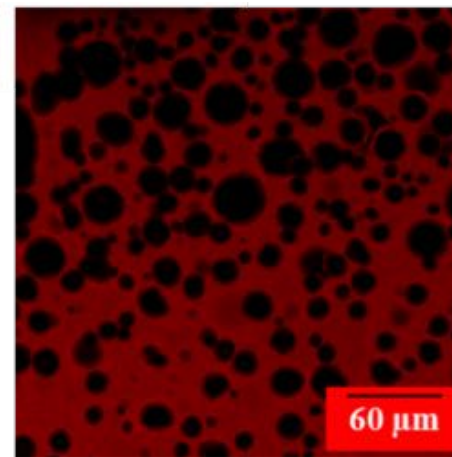
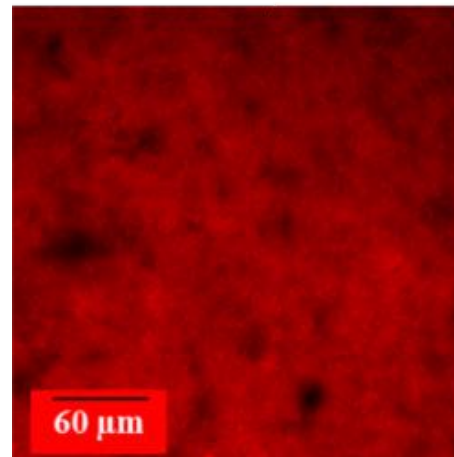
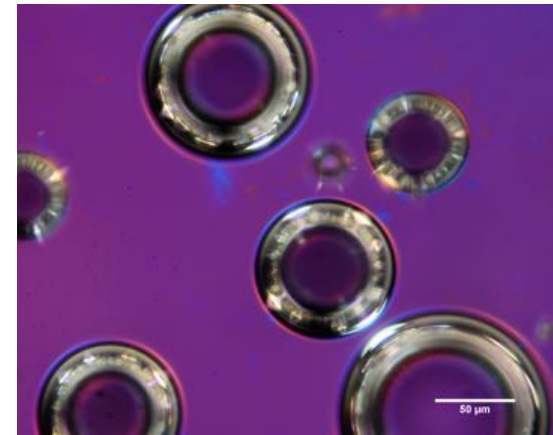
- Face specific wettability can be measured via **contact angle** and single crystal XRD face indexing;
- This information is **NOT** enough to understand the effect of crystal anisotropy;
- **Advance imaging** for better understanding of interface orientation and interaction.



Confocal Coherent Anti-Stokes Raman Scattering



Polarized optical microscopy: orientation at interfaces



Confocal Microscopy



X-ray tomography



## Conclusions and future work

- Molecular modelling using the Attachment Energy Model is a promising tool to **estimate face specific chemical properties** of biocompatible crystals;
- These information can help in the design of tailor made crystals for **Pickering stabilization**;
- **Experimental validation** is still needed (advance microscopy, contact angle, single crystal XRD face indexing);
- Better understanding of the relation between **crystal anisotropy** and **orientation** at the interface is necessary for efficient particle design.

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Dr Ian Rosbottom